

VEGGIES



As long as you have a sunny spot and good soil you can grow your own vegetables. Veggies can be grown in containers on the balcony or patio, in window boxes or even mixed with ornamentals in garden beds. And growing your own vegetables allows you to control how they are grown.

WHAT VEGETABLES NEED

1. GOOD SOIL - THE KEY

- Deep, loose, moist but well-drained soil rich in organic matter. e.g. Sea Soil, Soil Energizer, Mushroom or Steer Manure.
- To enrich poor soil dig a 7-10cm (3-4") layer of organic matter into the proposed vegetable bed.

Warning: *If you are growing potatoes DO NOT use Mushroom Manure to amend the soil.*

2. SUNLIGHT

- At least 6 hours of sun each day preferably in the middle of the day. e.g. 10-4pm or 11-5pm.



3. WATER

- Soil should be kept evenly moist and not allowed to dry out completely.
- Water thoroughly (20-30 minutes of sprinkling on designated watering days under restrictions) with supplemental hand watering whenever necessary.

4. Fertilizer

- Use a granular fertilizer formulated for vegetables or an all purpose organic fertilizer.
- Fertilize when you set out the plants following package directions.
- Fast maturing crops like lettuces and radishes will not need further feeding.
- Vegetables that mature more slowly like cabbages or broccoli will benefit from a top dressing of fertilizer about 2 months after planting.

VEGETABLES IN CONTAINERS

If you have a very small garden or just a balcony to garden on you can still enjoy fresh vegetables by growing them in a container.

1. Use any container whether wood, plastic or ceramic as long as it is at least 20cm (8") deep.
2. Fill the container with Maple Leaf's Planter Box Mix.
3. Mix in slow release 14-14-14 granular fertilizer according to package directions to feed the plants for a period of up to 6 months.
4. Alternatively feed your plants with a water soluble fertilizer like 20-20-20 or with a liquid fertilizer according to package directions.

VEGGIES TO TRY IN CONTAINERS

Leaf Lettuce, Cucumbers, Radishes, Fingerling Carrots, Peppers, Eggplants, Peas, Chard, Tomatoes, Beans, Bush Zucchini, Mesclun Mix, etc.

EDIBLE LANDSCAPING

Consider the idea of mingling vegetables in with flowers and shrubs in garden beds. Here are some examples...

1. 'Bright Lights' Swiss Chard...white, yellow, orange or ruby red veining in leaves and colourful fleshy stems; cut-&-come again growth habit ensures a long display.
2. Leaf Lettuce...bright green & reds, frilly decorative leaves & next supper's salad course.
3. Scarlet Runner Beans...grow up an obelisk or on a trellis to give a fine show of red flowers & a constant harvest of tasty beans.

maple leaf garden centres

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